### Canadian Counselling and Psychotherapy Association School Counsellors Chapter President's Report June 8, 2024

## 2023 – 2024 Chapter Officers and Executive Members:

Janice Graham-Migel (NS), President Lisa Cheyne-Zanyk (SK), Past President / Treasurer Melissa Falconer (NB), Vice President Julie Lindsay (PE), Secretary Aron Reusch (BC), Member-At-Large Adam Lawlor (AB), Member-At-Large Danielle Savage (MB), Member-At-Large Margot Beech Kennedy (ON), Member-At-Large Celeste Alberga (QE), Member-At-Large Anne Madore (NB), Member-At-Large Belinda Josephson (NS), Member-At-Large Kaitlyn Munn (NB), CCPA Board Liaison

### **Chapter Membership:**

As of March 25, 2024, there are 658 members of the School Counsellors Chapter. Members are from provinces and territories in Canada, as well as international members.

#### **Activities:**

- The School Counsellors Chapter Executive meets bi-monthly throughout the school year via Zoom with subcommittee meetings held on an as-needed basis. Additional meetings are also held in preparation for special events or specific projects. Since the 2023 Chapter Annual General Meeting, the following meetings were held:
  - o June 12, 2023 (Meeting of the new 2023-2024 Chapter Executive)
  - September 25, 2023 (Chapter Executive Meeting)
  - October 19 21, 2023 (CCPA National Conference, Toronto)
  - November 27, 2023 (Chapter Executive Meeting)
  - December 18, 2023 (Chapter Subcommittee Meeting)
  - January 29, 2024(Chapter Executive Meeting)
  - February 5 9, 2024 (10<sup>th</sup> Anniversary, Canadian School Counselling Week)
  - March 25, 2024 (Chapter Executive Meeting)
  - April 22, 2024 (Chapter Executive Subcommittee Meeting)
  - May 30, 2024 (Chapter Executive Strategic Planning Session, Charlottetown)
  - May 31 June 2, 2024 (CCPA National Conference, Charlottetown)
  - o June 8, 2024 (Chapter Annual General Meeting)

(Meeting of the new 2024-2025 Chapter Executive will be held September 30, 2024)

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- The Chapter webpage and e-mails are ways we connect with the Chapter membership. We appreciate the support from CCPA National Office for maintaining the Chapter website and disseminating communication to Chapter members.
- The tenth anniversary of Canadian School Counselling Week was held February 5 9, 2024. The week was recognized in the House of Commons on February 8, 2024, by Sukh Dhaliwal, Member of Parliament for Surrey—Newton, British Columbia. The video clip of the Statement (SO31) is posted on the CCPA School Counsellors Chapter website: <a href="https://www.ccpa-accp.ca/chapters/school-counsellors-chapter/">https://www.ccpa-accp.ca/chapters/school-counsellors-chapter/</a> During the week, many education and awareness campaigns were held at the local, provincial and federal levels and on various social media platforms and websites. A complete summary of events is provided in a separate report on the AGM agenda. The School Counsellors Chapter appreciates the support from Lindsey Thomson (CCPA Director of Public Affairs), the Communications Team at CCPA National Office, and Laura Rinaldi (Impact Public Affairs) with the promotion of 2024 Canadian School Counselling Week.
- Members of the School Counsellors Chapter Executive continue to hold a membership with the American School Counselor Association (ASCA) as a means of gaining further insight into the profession and gaining access to valuable resources and research for the Chapter.
- Lisa Cheyne-Zanyk is Past President and Treasurer for the School Counsellors Chapter and will be presenting the Treasurer's Report at the 2024 AGM, indicating the closing bank balance on May 1, 2024 (\$32,661.20). The signing officers for the Chapter continue as Lisa Cheyne-Zanyk, Janice Graham-Migel, and Belinda Josephson.
- The Chapter Presidents of each CCPA Chapter participate in meetings to discuss the work of the association. As Chapter President, Janice attended the following meetings: June 14 and November 29, 2023; February 26, April 15, and June 2, 2024. The School Counsellors Chapter continues to establish itself as a highly professional and progressive Chapter within CCPA. Janice is also a member of the CCPA Advanced Clinical Supervision Committee and attended meetings held on November 16, 2023 and February 22, 2024.
- Members of the Chapter Executive attended the 2023 CCPA Conference on-site in Toronto (Janice Graham-Migel and Margot Beech Kennedy). Melissa Falconer, Belinda Josephson, and Anne Madore attended the 2023 CCPA Conference online.
- Members of the Chapter Executive attended the 2024 CCCP Conference on-site in Charlottetown (Janice, Lisa, Melissa, Margot, Julie, Belinda, and Anne). Jeff Landine was hired to facilitate a full-day Strategic Planning Session in Charlottetown on May 30.
- Janice Graham-Migel corresponded with Acadia University over the Summer, 2022, to develop a proposal to hire a Co-Op Student during the 2023 Winter semester. Aya Nakamoto, a third-year Bachelor of Science Student (Psychology and Biology) was hired as a Research Assistant. Janice Graham-Migel supervised the Co-Op work term from January 2-April 14, 2023. Aya Nakamoto worked on the research, updating the 2019 environmental scan titled, "School Counselling in Canada: An Examination of the School Counselling Profession in Canadian Provinces and Territories." <a href="https://www.ccpa-accp.ca/wp-content/uploads/2019/05/School-Counselling-in-Canada-Presentation-CCPA-Conference-14-May-2019.pdf">https://www.ccpa-accp.ca/wp-content/uploads/2019/05/School-Counselling-in-Canada-Presentation-CCPA-Conference-14-May-2019.pdf</a>

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- In May, 2024, Departments/Ministries of Education across Canada were contacted to obtain updated information regarding the school counselling profession in Canada. Janice Graham-Migel and Lisa Cheyne-Zanyk presented updated research from the environmental scan on May 31 at the 2024 CCPA conference in Charlottetown.
- Margot Beech-Kennedy and Melissa Falconer developed a survey that was completed by the members of the School Counsellors Chapter. Data collected from the survey assisted the Chapter with a needs assessment. Margot and Melissa presented the findings from the survey on June 1 at the 2024 CCPA conference in Charlottetown.
- The Chapter Executive continues to review and revise the Chapter website to better meet the needs of the School Counsellors Chapter.

# Other:

- Continued affiliation with regional school counselling associations in Canada (e.g., Nova Scotia School Counsellors Association)
- Continued affiliation with the Canadian Teachers' Federation (CTF/FCE)
- Continued affiliation with the Canadian Education and Research Institute for Counselling (CERIC)
- Continued affiliation with the American School Counselor Association (ASCA)
- Continued affiliation with the International School Counseling Association (ISCA)

(Affiliation may include membership, correspondence, sharing of resources, webinars, publications, invitation to conferences, etc.)

I would like to thank the 2023-2024 Chapter Executive and the CCPA National Office for their contributions and professional guidance over the past year in supporting the School Counselling profession in Canada.

Respectfully submitted by:

Janice Graham-Migel, PhD, RCT, CCC, CCS President, School Counsellors Chapter Canadian Counselling and Psychotherapy Association June 8, 2024