

**CCPA Manitoba Chapter – Annual General Meeting  
May 15, 2022  
1:30 – 3:00pm via ZOOM**

<https://us02web.zoom.us/j/85980250579?pwd=ODJXUFBmTDdSV0E0amthZU01RFBvUT09>

Meeting ID: 859 8025 0579

Passcode: 177556

**AGENDA**

Welcome and Call to order	A.Dittberner
Moment of Acknowledgement of Elder Mason	K. Edinborough Capuska
<ul style="list-style-type: none"> <li>• Land Acknowledgement</li> <li>• Introductions of attendees</li> </ul>	K Edinborough Capuska K Dedi
1.0 Review of 2021 AGM Minutes (page 3)	A. Dittberner
2.0 Board Updates	
2.1 President’s Report (page 6)	A. Dittberner
2.2 Manitoba Nunavut Director Report (page 8)	L. Rudniski
2.3 Indigenous Director Report – orally reported	K. Edinborough-Capuska
2.3 Treasurer Report (page 10)	A. Coleman-Berard
2.4 New Member Networking Report – nil report	K. Edinborough-Capuska
2.5 Continuing Education Report – (page 11)	C. Gupta
2.6 FACT-MB Regulation Committee Report (page 12)	M. Grienke
2.7 Third Party Billing Initiative Report – nil report	C. Paul
3.0 2021 Business (questions from attendees regarding reports)	A. Dittberner
<b>4.0 Board Director Election</b>	
President-Elect: self nomination: Charu Gupta	
Secretary:	
Treasurer: nominated: Chantal Humphrey	
Director at Large – FACT-MB: Self nomination: Olga Shmelova, Tim Crawford	
Director at Large – FACT-MB Alternate: Self nomination: Barbara Zacharias, Katrina Forget	
Director at Large – FACT-MB Observer: Self nomination: Michelle Pearson, Katrina Forget	
Student Representative: nominated: Michelle Morrison-Hemerynck	
Director at Large: Third Party Billing:	
Director at Large: Continuing Education: Self nomination: Charu Gupta, Olga Schmelova	

**Land Acknowledgement**

*We, the Members of the Board of Directors of the Manitoba Chapter of the Canadian Counselling and Psychotherapy Association acknowledge that we live and work in the territories of the Anishinaabeg, Cree, Dakota, Dene, Métis, and Oji-Cree Nations in Treaty 1 territory. This land is the ancestral and traditional homeland of Anishinaabe peoples. Treaty 1, signed in 1871, took this territory from seven local Anishinaabe First Nations to make the land available for settler use and ownership.*

*This land acknowledgment is about being clear and accurate about the Original Peoples of this land as well as other Indigenous communities who lived and continue to live here. It is an expression of respect and appreciation for these ancestors, and their present-day relatives, who continue to love and care for this land. We offer this acknowledgment in the belief that doing so will help us to be mindful helpers and keepers of this land.*

**CCPA Manitoba Chapter – Annual General Meeting  
April 18, 2021 1:30 – 3:00pm via ZOOM  
DRAFT Minutes**

<b>Attendees:</b> K. Dedi, A. Coleman, L. Blanchard, L. Rudniski, M. Grienke, C. Gupta, B. DeMone, A. Dittberner, B. Zacharias, C. Pauls, K. Edinborough-Capuska, D. Pruden, K. Clifford-Bousquet, M. Stouffer, L Martin
<b>Call to order at 1:38</b>
<p>Amber Dittberner acknowledged that <i>“We, the Members of the Board of Directors of the Manitoba Chapter of the Canadian Counselling and Psychotherapy Association acknowledge that we live and work in the territories of the Anishinaabeg, Cree, Dakota, Dene, Métis, and Oji-Cree Nations in Treaty 1 territory. This land is the ancestral and traditional homeland of Anishinaabe peoples. Treaty 1, signed in 1871, took this territory from seven local Anishinaabe First Nations to make the land available for settler use and ownership.</i></p> <p><i>This land acknowledgment is about being clear and accurate about the Original Peoples of this land as well as other Indigenous communities who lived and continue to live here. It is an expression of respect and appreciation for these ancestors, and their present-day relatives, who continue to love and care for this land. We offer this acknowledgment in the belief that doing so will help us to be mindful helpers and keepers of this land.</i></p>
Attendee roundtable introductions occurred.
<p>1.0 Review of 2020 AGM Minutes</p> <ul style="list-style-type: none"> <li>• Minutes reviewed.</li> <li>• Motion to approve minutes as circulated moved by K. Edinborough-Capuska, seconded by L. Blanchard. Moved.</li> </ul>
2.0 Board Updates
<p>2.1 President’s Report</p> <ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by L. Martin, seconded A. Coleman. Moved.</li> </ul>
<p>2.2 Manitoba Nunavut Director Report</p> <ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by C. Pauls, seconded C. Gupta. Moved.</li> <li>• Highlighted the upcoming CCPA conference being delivered virtually in May.</li> </ul>
<p>2.8 Indigenous Director Report</p> <ul style="list-style-type: none"> <li>• Noted that in future AGMs, Indigenous Director should be doing the acknowledgement</li> <li>• <b>See attached full report.</b></li> <li>• Overview provided, reviewed highlights.</li> <li>• Motion to accept the report as presented moved by C. Pauls, seconded A. Coleman. Moved.</li> </ul>
<p>2.3 Treasurer Report</p> <ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by L. Martin , seconded L. Blanchard. Moved.</li> </ul>
<p>2.4 New Member Networking Report</p> <ul style="list-style-type: none"> <li>• No report, deferred.</li> </ul>
2.5 Continuing Education Report

<ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by K. Edinborough-Capuska , seconded M. Grienke. Moved.</li> <li>• Highlighted the upcoming article study on Sunday April 25, 2021 approved for 2 CE credits.</li> </ul>
<p>2.6 FACT-MB Regulation Committee Report</p> <ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by K. Edinborough-Capuska, seconded C. Gupta. Moved.</li> <li>• Highlighted current activities underway in 2021 and noted a media launch occurring in May 2021.</li> </ul>
<p>2.7 Third Party Billing Initiative Report</p> <ul style="list-style-type: none"> <li>• <b>See attached full report</b></li> <li>• Overview provided; reviewed highlights.</li> <li>• Motion to accept the report as presented moved by M. Grienke, seconded L. Blanchard. Moved.</li> </ul>
<p>3.0 2020 Business</p> <ul style="list-style-type: none"> <li>• No further business raised</li> </ul>
<p>4.0 New Business</p> <ul style="list-style-type: none"> <li>• Elections as below.</li> <li>• Question from the floor regarding protected titles. Referred to FACT-MB and B. McCallum.</li> <li>• Indigenous Director K. Edinborough Capuska acknowledged circle of minds that have gathered and extended gratitude of the gathering.</li> <li>• Members expressed appreciation and thanks to L. Blanchard and K. Dedi for their roles as past president and president.</li> <li>• Best wishes were shared for K. Dedi as she manages a family challenge.</li> <li>• L. Blanchard gave thanks to the board for all of its work.</li> <li>• K. Edinborough-Capuska motioned to adjourn, L. Blanchard seconded. Meeting Adjourned at 2:53.</li> </ul>

<b>2021 Board of Directors Election: (Highlighted roles elected)</b>	
Continuing Elected Members	
Past President: K. Dedi	Director at Large – FACT-MB: M. Grienke
President: A. Dittberner	Director at Large – FACT-MB (Alternate): B. Zacharias
President-elect: no nominations from the floor	Director at Large – FACT-MB: (Observer): C. Pauls
Secretary: B. DeMone self nominated for a one year period with the position to be held for election in 2022, seconded by K. Edinborough-Capuska. Elected.	Student Representative: no nominations from the floor.
Treasurer: A. Coleman nominated by K. Edinborough-Capuska, seconded by L. Blanchard for a one-year term with the position to be held for election in 2022. A. Coleman accepted the nomination. Elected.	Director at Large: Third Party Billing: C. Pauls

Director at Large – New Member Networking: K. Edinborough-Capuska self nominated, seconded by A Coleman. Elected.	Director at Large: Continuing Education: C. Gupta
	Director at Large: Indigenous Representative: K. Edinborough- Capuska

**Adjourned 2:53**

## Presidents Report for 2022 AGM

Welcome to all our Manitoba Chapter members to our third virtual AGM! At last years AGM we welcomed new members to our group and today we hope to find new faces to help the Manitoba Chapter Board to support and improve our our community of counsellors and therapists from CCPA.

I have attended meetings as President virtually to discuss the work of the CCPA and Chapters. Though we are working remotely, head office is very helpful and still very close at hand to support our members. I highly recommend to read your CCPA email updates that they regularly send out to stay in the loop of all the things they have to offer and to stay in touch with what is upcoming.

We are so grateful to have members working tireless on committees to improve and support our profession. We have board members working towards regulation through FACT-MB who keep the momentum going through the lengthy process. The Ministry of Health has reviewed the application for the regulation of Counselling Therapists and the consultation with the public, practitioners, associations and stakeholders about whether they are in favour of regulation has been completed. They have added more members to the working committee to prepare to take the application further.

We appreciate all of the work that our members put into working on Third Party Billing to help companies to recognize our training education, and competencies. This will include new insurance policies to have our therapy and counselling services covered.

Our chapter has been focusing on truth and reconciliation, and in Continuing Education held an informative event; 'Exploring the History Behind the Intergenerational Traumatization of Canada's Indigenous People'.

Book studies have been held in the past and were a great success, engaging members and encouraging discussion and expanding on our skills. Book studies are something we will continue to consider holding again, as well as other forms of learning and development. We also held an educational Zoom article study.

As president this year my role has consisted of attending board and president meetings and sharing the information of what each is working on, preparing a speech about our Chapter for the Faces of Counselling webinar, and preparing for our AGM. In the past members reached out with questions, though in my experience I rarely had any members reach out to me. I believe this to be because I began my role in the pandemic and I think that has led to less inquiries at this time.

Our CCPA has many diverse and talented members, and I encourage you to explore the website, attend one of the many trainings offered, or to volunteer for a group within the CCPA. A great way to reach out and stay connected is to attend our virtual conference. We hope to see you there attending some of the lectures and supports services offered!

Our goal as a Chapter is to keep Manitoba a valuable part of our Canadian therapy landscapes and to spend time connecting to each other and to support the forward momentum of our profession in our prairie province. Our province has an array of diverse talent, and is a wonderful example of experience within our circle. We seek to connect therapeutic professionals while simultaneously working on actively uplifting our professional occupation, as we are leaders in the field!

-Amber Dittberner, Manitoba Chapter President

## Manitoba/Nunavut Director's Report

### Manitoba Chapter

AGM – May 15, 2022

I feel very fortunate to be able to represent the Manitoba and Nunavut members on the National Board of Directors and to be the Board Liaison for the Manitoba Chapter. I have had this privileged since 2018 and will complete my term May 2023. It has been exciting to see both our organization of CCPA grow beyond +10,000 members and the Manitoba Chapter flourish in launching many new initiatives and expanded membership.

As you will hear throughout their reports today, the dedication and energy of the Manitoba Chapter can be heard in the progress made towards regulation on FACT-MB, Continuing Education opportunities, and in working towards Truth and Reconciliation. I want to thank the Manitoba Chapter Board and committee members for their endless work, commitment, and high level of professionalism.

In my role as a member of the CCPA National Board of Directors, our responsibilities are to ensure the policies, procedures, initiatives, and advocacy work of the Association are aligned with the best interests of our members and the public. The board meets monthly via zoom. In addition to these board meetings, there are several standing committees of the board. I am Chair of the Awards Committee and sit on the Advancement for Clinical Supervision (ASC) Committee. I am also part of a sub-committee working on creating new opportunities and resources to aid the development of clinical supervisors. Very exciting to be part of this ground-breaking work.

The Manitoba and Nunavut Region membership continues to grow with 508 members as of April 2022. The growth has been in both professional and student memberships. However, the greatest increase is in student membership. With currently 90 students, this is a 61% increase over last May's 56 student members. Exciting to see that CCPA is the association students are joining as they build their professional network. Part of my role as Regional Director is supporting the CCPA Student Reps and connecting with each of our province's universities.

The CCPA 2022 Conference is coming up quickly - May 19 -22, 2022. Originally planned to be in-person in P.E.I. the impact of the ongoing pandemic made everyone pivot again this year. Not to worry. The full slate of pre-conference and conference workshops are all virtual. Hope everyone can take advantage of this wonderful opportunity to connect with each other and grow in our professional knowledge.

Hopefully everyone got an opportunity to celebrate in some way in April, CCPA's Inaugural Counselling and Psychotherapy Month. In addition to a number of activities and offerings to members, National office hosted 12 different events over the month. All free of charge for members. Please check these out if you haven't had a chance yet. The recordings are posted



here: [Counselling and Psychotherapy Month Webinars - Canadian Counselling and Psychotherapy Association \(ccpa-accp.ca\)](#).

In addition to these events, (CCPA) held a virtual Parliament Hill campaign from April 25-27 2022 to raise awareness of our recommendations to improve access to counselling/counselling therapy/psychotherapy services. CCPA spokespersons from the Board of Directors, National Office staff, and Chapter Boards/Executives met with Members of Parliament to raise the profile of the profession and advocate on our recommendation. Two issues are in having counselling/psychotherapy GST exempt and in re-instating CCCs in the NIHB program. I have included links to both position papers below

**[GST/HST exemption for counselling therapy/psychotherapy](#)**

**[Re-instatement of Canadian Certified Counsellors \(CCCs\) in the Non-Indigenous Health Benefits \(NIHB\) program](#)**

Despite the ongoing pandemic, there are many new initiatives, and we continue to connect with each other. No doubt we are all feeling the strain of the never-ending challenges. Continuing to support each other as well as take time to recharge ourselves is not only good practice in normal times, but even more so now. My focus is always on assisting members to connect and in accessing applicable resources and information. Please reach out to me anytime.

Respectfully submitted,

Lori L. Rudniski, M.Ed. (Psych), CCC. CCC-S.  
Regional Director for Manitoba and Nunavut  
Canadian Counselling Psychotherapy Association (CCPA)  
Email: [lorirudniski@mymts.net](mailto:lorirudniski@mymts.net)  
Website: [www.ccpa-accp.ca](http://www.ccpa-accp.ca)

**Treasurer Report**  
January 1, 2021-December 31, 2021  
CCPA Manitoba Chapter AGM  
Submitted by Allyson Coleman on May 10, 2022

Opening Balance January 1, 2021 = \$5356.72  
Closing Balance December 31, 2021 = \$5120.05

Detailed Breakdown for 2021:

**January**

Opening Balance= \$5356.72  
Closing Balance = \$5356.72

**February**

Opening Balance= \$5356.72  
Closing Balance = \$5356.72

**March**

Opening Balance = \$5356.72  
Deposit = \$1136.60 (Member Dues)  
Closing Balance = \$6493.32

**April**

Opening Balance = \$6493.32  
Disbursements = \$68.77 (Continuing Education)  
Closing Balance = \$6424.55

**May**

Opening Balance = \$6424.55  
Closing Balance = \$6424.55

**June**

Opening Balance = \$6424.55  
Closing Balance = \$6424.55

**July**

Opening Balance = \$6424.55  
Closing Balance = \$6424.55

**August**

Opening Balance = \$6424.55  
Closure Balance = \$6424.55

**September**

Opening Balance = \$6424.55  
Closing Balance = \$6424.55

**October**

Opening Balance = \$6424.55  
Deposit = \$1200.00 (Member Dues)  
Disbursements = \$1000 (Continuing Education)  
\$1.50 (Bank fees)  
Closing Balance = \$6623.05

**November**

Opening Balance = \$6623.05  
Disbursements = \$1500 (Continuing Education)  
\$3.00 (Bank Fees)  
Closing Balance = \$5120.05

**December**

Opening Balance = \$5120.05  
Closing Balance = \$5120.05

**Name**

Charu Gupta

**Committee Name**

Continuing Education and Professional Development

**Date**

May 10, 2022

**Committee Composition and Mandate**

To have 1-2 PD events for the year 2021 - 2022 which would be eligible for CEC's.

**Activity**

1. A session on Reconciliation and Indigenous initiatives titled *Exploring the History Behind the Intergenerational Traumatization of Canada's Indigenous People* with Kym Edinborough-Capuska and Elder Raymond Mason took place on October 24, Nov 7 and 14 of 2021. It was a pre-approved 3-part event and participants received 5 CEC's.

CCPA's National Office, especially, Karina, Amalie, and Zoe took care of all the logistics including sending Zoom links, setting up registrations and keeping track of registrations, payments, and attendance. 18 people attended this 3-part event.

**Future Priorities**

1. Arrange in-person book study in October/November 2022.

## FACT MB Report for CCPA Manitoba Chapter Annual General Meeting

May 15, 2022

1. The Regulated Health Professions Act (RHPA) process progressing. The initial stage of public consultation “*to allow organizations with interest and expertise, including therapy and counselling services, health organizations, affected regulatory Colleges, etc. time to respond and provide their valuable contribution to The Health Professions Advisory Council (HPAC)’s public consultation*” concluded February 28, 2022. HPAC is established under the RHPA and is responsible for advising the Minister of Health on matters relating to the RHPA and the regulation of health professions under the RHPA to determine if it is in the public interest to regulate Counselling Therapy as a health profession under the RHPA. FACT-MB has been informed that HPAC is adding two more members to their committee to work towards regulation in Manitoba.
2. On [April 19, 2022](#), the HPAC invited participants to participate in the second phase of consultation with all individuals and organizations that provided an initial written response to HPAC commenting on the regulation of the Counselling Therapy profession in general and on the completed application from the Federation of Associations of Counselling Therapists of Manitoba (FACT Manitoba) for self-regulation of Counselling Therapy under The Regulated Health Professions Act (RHPA). The second phase provides all consultation participants with an opportunity to electronically access and view a copy of all written submissions from other participants and to provide a written response with any additional comments by May 31, 2022. A sub committee was struck to work with Barb MacCallum to respond to the concerns. For further information on the consultation process, please visit the Manitoba Health website at <https://www.gov.mb.ca/health/rhpa/hpac.html>.
3. FACT-MB has made a decision to reach out to the Indigenous leaders, i.e., MKO, MMF, Southern Chiefs, Tribal Councils for consultation in the regulation process with respect to their interest, leadership structures and traditions with a formal letter.
4. CRPO (Ontario) hosted a fourth pan-Canadian regulatory meeting online in April, which was attended by Don Russell and Ellie Jack. They were updated on the recent advances on regulation in the unregulated provinces across Canada.
5. CCPA National launched the Inaugural Annual Counselling and Psychotherapy Month with the intention of promoting the profession of counselling/ psychotherapy in Canada every year in April. They invited all the member associations of FACT-MB to participate. The information is at <https://www.ccpa-accp.ca/counselling-and-psychotherapy-month/> FACT-MB passed a motion to support and endorse this initiative.

Thank you for letting me represent CCPA on the FACT MB Board for the past 8 years. It has been an honour and privilege to be of service to CCPA in this capacity. I will not be continuing in this role.

Sincerely,  
Mintie Grienke

