

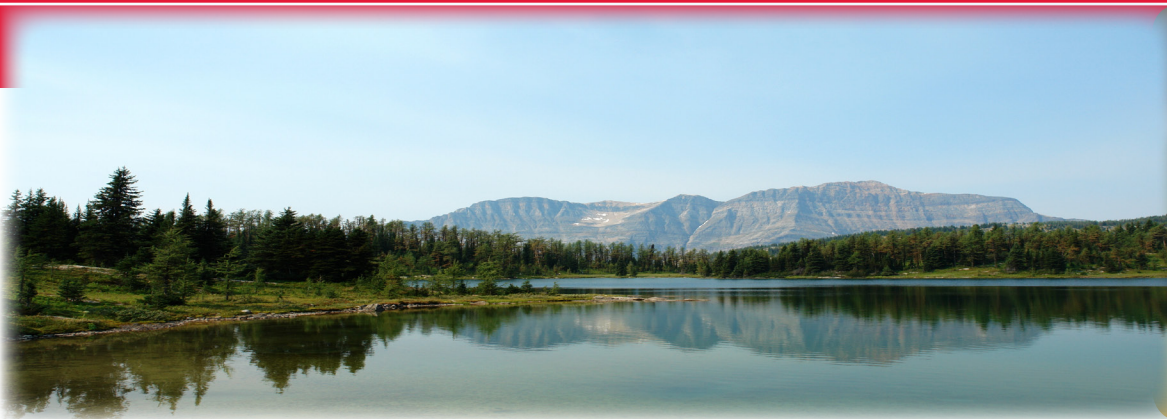


CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
L'ASSOCIATION CANADIENNE DE
COUNSELING ET DE PSYCHOTHÉRAPIE

COGNICA

The Canadian Counselling and Psychotherapy Association

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Reflecting on Self and Practice

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Pre-conference – May 24, 2012
Conference May 25 – 27, 2012
Westin Hotel, Calgary, Alberta

REGISTRATION IS NOW OPEN!!!

Register by January 15, 2012 to benefit from the early bird rates and for a chance to win an X-Box 360.

To register online, visit:
www.ccpa-accp.ca/conference2012/registration.php

PROGRAM: CCPA's Pre-conference program is available online at www.ccpa-accp.ca/conference2012/program.php

ACCOMMODATIONS:

The conference hotel is the Calgary Westin Hotel. Complete hotel and conference registration in one easy step. All reservations for the hotel must be made through the registration site.

For more information, contact Alene Holmes at conference2012@ccpa-accp.ca

KEYNOTE SPEAKERS:

Marc Gervais - "Realizing Your True Potential, Communicating Clearly"

Jeffrey A. Kottler, Ph.D. - "On Being a Master Counsellor: Practicing What You Preach"

Judith Jordan, Ph.D. - "The Power of Connection: Healing and Growing"

Additional Information on Keynotes can be found at:
www.ccpa-accp.ca/conference2012/keynotes.php

EXHIBITORS:

Early bird registration ends December 31st 2011. Visit:

www.ccpa-accp.ca/conference2012/exhibitors.php



Publications Guidelines

Cognica’s mandate is to “reflect the current status of counselling across Canada”. Cognica is published 4 times per year. The submission deadlines for articles and advertising are: December 1, March 1, June 1, and September 1.

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Editorial Committee:
 Maxine MacMillan, Sharon Cameron, Julie Ouellette, Nicole Maurice, Karina Albert

Except where specifically indicated, the opinions expressed in Cognica are strictly those of the authors and do not necessarily reflect the opinions of CCPA, its officers, directors or employees.

All submissions are welcome for consideration. Those accepted will be subject to editorial review prior to publication.



President's Message

Autumn at CCPA

The harvest is in, the preserves are put up, the root vegetables are stored, and the morning hoar frost heralds the change of season on the prairies. Autumn is brief here, and I catch myself pausing frequently in my winter preparation chores to consider the brilliantly coloured trees that soon will own shrouds of white. In twelve short weeks nature has accomplished so much. In twelve short weeks CCPA has also been a hub of activity.

4,000 Strong and Growing!

Over the summer, CCPA achieved a membership milestone. At 4000 strong and still growing, our Association continues to network, support, advocate, and conduct research for the profession across the nation. We have now published a PowerPoint presentation with voice-over that explains our Association and the work of its members. This presentation can be found on our website:

www.ccpa-accp.ca/en/forstudents/powerpointpresentation/.

A new bilingual, full colour brochure is also now available. This brochure is general in focus. Other brochures are in the planning and development stages to help the public and employers become more aware of the important role of career counsellors, school counsellors, and other forms of counselling in the health and wellness of Canadians.

Chapter Support Fund

In any large Association, it is important to provide opportunities to meet and work in smaller settings devoted to unique contexts and interests of our members. Our Chapters are designed for this purpose. As our Chapters grow, they commit themselves to initiatives that enhance special areas of counselling and psychotherapy. Beginning in 2012, CCPA will be offering a program of Chapter Support Funding to support the hard work of our Chapter members. As Mattie Stepanek said, "...when there is teamwork and collaboration, wonderful things can be achieved."

More details will be available in December. Stay tuned to www.ccpa-accp.ca for news.

National Conference Planning

The Executive Committee of CCPA has devoted itself to longer term planning for the Association. From planned research and publications to outreach and support programs and professional learning opportunities, we've been charting a course to provide members with quality support and advocacy now, and in the years to come. Beginning this year, to enhance our webinar workshop offerings, we are advertising regional workshops (the pilot workshops are scheduled for Gatineau, Toronto, Halifax, Vancouver and Calgary pending member interest). Our national conferences have been secured for the following locations and times (including pre-conference date):

2012	Calgary, AB	May 24-27, 2012
2013	Halifax, NS	May 14-17, 2013
2014	Victoria, BC	May 6-9, 2014
2015	Niagara Falls, ON	May 19-22, 2015
2016	St. John's NL	May 3-6, 2016

Statutory Regulation

As you know, our profession is variably regulated. In addition to the self-regulation processes that have been entrenched in CCPA since its inception as the Canadian Guidance and Counselling Association in 1965, many of our members are also in provinces with statutory regulation. The Canadian Certified Counsellor designation is known nationally as a standard of quality in the profession. In addition to this standard are evolving statutory regulations that affect our members' ability to work, thrive, and support clients.

Our members in Québec, Ontario, and Nova Scotia are seeing the most immediate results of changes in statutory regulation. As mentioned in the Summer

Edition of Cognica, Québec's Bill 21 that amends the Professional Code in the field of mental health and human relations, Ontario's Psychotherapy Act that controls the activities and titles for registered psychotherapists and registered mental health therapists, and Nova Scotia's regulation that reserves the title of registered counselling therapist will have direct implications for workplace activities and public access to services by our members in multiple settings. As more information on these emerging regulatory changes is available, it will be relayed to all members.

As a proactive measure, the Executive continues to communicate with the Ordres and the Office of Professions in Québec, with the Transitional Council in Ontario, and with the Nova Scotia Association of Counselling Therapists (which will become the Nova Scotia College of Counselling Therapists). For our members who are working in educational institutions, the various provincial/territorial public schools acts, ministries of education, and unions have regulations,

rules, and requirements that currently affect their daily role and function. Changes in the Health Act with the regulation of counselling-related activities and titles may have an impact on their work. This possibility is being monitored. For our members who are career counsellors, we are researching the standards and guidelines in relation to provincial regulatory definitions, scopes of practice, and titles to monitor potential effects of regulation.

All of CCPA's members are potentially affected by emerging regulations. We're a mobile population and we are all highly educated and skilled. Because our profession is based on our service delivery more than our workplace setting, all members who are in private practice, who work in hospitals, correctional institutions, employee assistance programs, community agencies, and many other areas need to be fully informed. We'll strive to keep everyone updated as information emerges.

And so, it seems that the change in season is also heralding continued change in the counselling landscape. As the land begins its preparations for winter, we at CCPA begin our preparation for the season to come, starting with promoting and championing our members and our profession. Keeping pace with the changing landscape is only possible with open communication and mutual understanding. Call, write, or post to CCPA at anytime. We're here for you and we're listening.

Lorna Martin
President, CCPA

"All of CCPA's members are potentially affected by emerging regulations. We'll strive to keep everyone updated as information emerges."





President-elect's Message

Squirrel Sightings

In many parts of Canada, the squirrel is commonly found. If you are one of those fortunate people who happen to have squirrels in your yard, just for fun, take an opportunity to watch the squirrels today. Maybe take that morning cup of tea or coffee into the yard and sit quietly watching the squirrels at work and play. You may see them stop and enjoy a nut, or you may see them collecting nuts and crocus bulbs and running off to hide them. They may have a little fun chasing each other or running off a few birds from your bird feeder. Squirrels have learned to share the human urban world. They can quickly adapt to any environment and learn how to get food even from the most guarded bird feeder. Squirrels teach us to be resourceful within our lives.

As the new president-elect, I am currently engaged in taking inventory of CCPA's resources and realizing creative and imaginative ways to connect with other counselling communities across Canada and internationally. In reflecting on our various projects undertaken in the past 6 years, we have made great strides in supporting the regulation of the profession across Canada; finding areas of alignment and philosophical agreement in diverse areas of Canada that support a single foundation for the profession of counselling and psychotherapy; providing national frameworks that support provincial and territorial initiatives related to counselling and psychotherapy; and supporting actions that increase the protection of the public from potential harm by practitioners without appropriate or adequate training, knowledge, or skill.

How far CCPA has come in this regard was brought home to me last April when Lorna Martin and I had the opportunity to share the advocacy work of CCPA at the inaugural Counselling Psychology Research Conference at the University of British Columbia. Our presentation reviewed the various CCPA projects undertaken since 2005, particularly those intended to support labour mobility.

- Engaging in the first National Symposium on Counsellor Regulation (Vancouver, 2005)
- Providing funding for three National Symposia on labour mobility (2008, 2009, and 2011)
- Validating the BC Task Force Entry-to-Practice Competency Profile for Counselling Therapists as a nationally acceptable suite of competencies for the profession (2007)
- Researching codes of ethics, standards of practice, definitions, and titles for the counselling profession in Canada and around the world (2008)
- Sharing research with stakeholders from each province/territory in Canada (2009)
- Creating a "made in Canada" definition and scope of practice for the profession based on research (2010)
- Developing the foundation for a competency-based national assessment for entry-to-practice for the profession (2011)

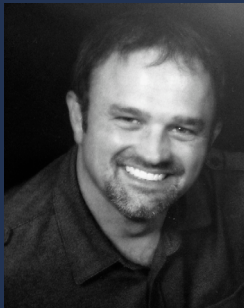
At the conclusion of our presentation, the 50 attendees expressed their appreciation for the clarity of the presentation, its timeliness, and the current status of each of the provinces in regulation. We were commended on the dynamic direction that CCPA was taking. Later in the conference, reference was made to the Canadian Journal of Counselling and Psychotherapy as the holder of research by exemplary founders of the counselling and counselling psychology professions in Canada. It was in that moment that I realized how resourceful CCPA is! Did you know that a single squirrel hides 10,000 nuts over a period of three months? However, with so many nuts, the squirrel can only eat so many. What happens to the rest? They become trees. Just like the squirrel CCPA is accumulating supplies and planting seeds that will develop into something bigger in the future.

A few weeks later David Paterson, Ron Lehr, and I (past and present Executive of CCPA) were in Jamaica presenting at the International Counselling Association's annual conference on the topic, Counsellor Professional Identity: Challenges and Complexities. In this presentation we discussed how Canadian counsellors continue to struggle to establish their professional identity in spite of Canadian-based counselling research, accreditation standards (CACEP) that stabilize training, and a variety of initiatives by CCPA to promote increased visibility of the counselling profession. Discussions ensued on increasing action research (How do I improve my work?), best practices in training supervisors, the pros and cons of provincial regulation, and our fit within the health professions. Again we were greeted enthusiastically about our initiatives and there was a great deal of interest by Jamaican counsellors in CCPA certification and access to the Webinars. Privately, counsellors shared an urgent need to address the inherent weaknesses and limitations of site supervision in their countries. In

particular they want training of counsellor supervisors in the areas of contextual and multicultural competencies and cultural adaptation of various models of supervision.

As I began writing this column, another CCPA former committee chair revealed that the Mexican Counselling Association has asked her to give three presentations on ethics as well as a workshop in Mexico City and Leon in October. And the other speaker? Dr. Samuel Gladding from the American Counseling Association. Yes, indeed CCPA has discovered a squirrel-like brisk energy this year! Like squirrels that share resources with other forest animals and migratory birds, CCPA has reached out across Canada and to other countries with resources.

Blythe Shepard,
President-elect, CCPA



My Blogging Perspective

By Dr. Asa Don Brown

Good morning, afternoon, or evening my fellow practitioners. It's as simple as a greeting; to blog one's thoughts, perspectives, and ideological viewpoints. My experience with blogging has become an area of personal and professional growth. As a novice blogger, I am learning the intrinsic aspects of blogging. Through the atmosphere of blogging, you can offer sound advice, concrete teaching lessons, and develop rapport with laypersons and other professionals. It's in this medium that a practitioner can offer positive content that has a tremendous impact upon others. Don't be afraid to make mistakes, or be leery about discussing subjects you may wish to discuss, because after all, it's this fear that will limit your message, deny your audience a right to hear it, and place a void in your right to personal and professional growth.

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Female Sex Addiction: A Hidden Truth

By Christina Schmolke

When the topic of sex addiction is raised, people often reference celebrities caught in scandals, or question the legitimacy of the term. Regardless of personal opinion, sex addiction exists. Its effects can destroy relationships, families, and careers. Although problematic sexual behaviour is commonly associated with men, a growing number of females are struggling with this concern. Drawing from the work of Patrick Carnes, a noted sex addiction psychologist, the following is a summary of findings on female sex addiction, as well as a discussion of treatment options.

Several definitions of sex addiction exist. In the Diagnostic and Statistical Manual, sex addiction is classified under Sexual Disorder, Not Otherwise Specified (DSM-IV TR; American Psychiatric Association, 2000). In the DSM-IV, sex addiction is described as participation in a pattern of sexual behaviours that cause personal distress. These behaviours may include compulsive masturbation, involvement with multiple sexual partners, or sexual compulsivity within a relationship. Instead of endorsing one definition, Carnes (2010) suggested that individuals may have a sex addiction if they meet at least three out of ten predetermined criteria. Sex addiction is also defined as an intimacy and courtship disorder with its origins in unhealthy family of origin dynamics (Carnes, 1992).

It is estimated that sex addiction affects three to six percent of the population (Carnes, 1992). However, sex addiction appears to be of increasing concern among females. Carnes (2006) observed that treatment centres for sex addiction used to be comprised of 25 percent females and 75 percent males, but he has observed that females now occupy 50 percent of inpatient treatment beds. In addition, 40 percent of problematic cybersex users were female (Cooper et al., 2000).

Carnes (1991) found differences in the behaviours of males and females with sex addictions. He found that males with sex addiction were more likely to have participated in behaviours where their participants were

objectified (e.g., anonymous sex, exhibitionism). In contrast, females with sex addictions tended to enact behaviours related to distortion of power. For example, females were more likely to gain control over another person or be a victim. In addition, female sexual addiction behaviours tended to involve sexual conquest and prostitution. However, Carnes (2006) noted that female sexual addiction behaviours are becoming increasingly similar to male patterns.

Female sex addiction can often be distinguished from male sex addiction by the presence of sexual anorexia or aversion. Sexual anorexia is a persistent or recurrent extreme aversion to, and avoidance of, all genital contact with a partner (American Psychiatric Association, 2001). In one study, 70 percent of females that met the criteria for sex addiction reported that they had past episodes of sexual anorexia (versus 36 percent of men). Furthermore, it is not uncommon for females to alternate between a cycle of sexual addiction and sexual anorexia behaviours, similar to the binge/purge cycle of bulimia (Carnes, 2006).

In addition to the presence of sexual anorexia, sex addiction is often accompanied by other addictions.

CORRECTION

In Vol. 43, No. 3, Summer 2011 edition of *Cognica*, in the President's Message on page 3, the final paragraph used an incorrect term for the regulated title and College in Nova Scotia.

The paragraph should have read:

"Nova Scotia is awaiting proclamation of their statutory regulation for the title, Registered Counselling Therapist. Proclamation is the final step prior to the formation of the College of Counselling Therapists in the province."

We sincerely apologize for any confusion or difficulty the error may have created.

Carnes (1992) noted that 42 percent of individuals with sex addictions also struggled with other addictions, most notably drug, alcohol, and gambling. With respect to gender differences, Carnes (2006) later found that while both females and males reported similar levels of substance abuse (41 percent), females were more likely to struggle with compulsive eating (34 percent) and eating disorders (27 percent) compared to males (5 percent and 18 percent, respectively).

It is difficult to determine a causal pathway for sex addiction. However, both females and males appear to come from similar family backgrounds (Carnes, 1992). First, over 75 percent of individuals surveyed reported that they grew up in families with inflexible rules accompanied by low expression of affection. Second, abuse (physical, sexual, and emotional) was present in at least 70 percent of families. Third, 87 percent of participants reported that addiction was already present in another family member. The lack of healthy attachment experiences and lack of role modeling may contribute to the developments of sex addiction.

In the treatment of sex addiction, Carnes (1998) recommended a comprehensive plan that included individual therapy, group experience, 12-step work, exercise, nutrition, a celibacy period, and a spiritual practice. To increase the chances of the client's success, Carnes recommended that clients seek treatment for concurrent addictions and involve partners and family in the recovery process. To help guide the recovery process, Carnes developed a task-based approach to sex addiction recovery, where clients complete a series of steps.

There are several options for sex addiction treatment in Canada. For inpatient treatment, Bellwood Centre in Ontario is Canada's only treatment centre with a stand-alone sex addiction program (Bellwood Health Services, 2011). However, there are a handful of inpatient treatment centres in the United States that specialize in sex addiction such as Carnes' Gentle Path program at Pine Grove Behavioural Centre. For clients seeking sex addiction counselling, there are clinicians throughout Canada who are certified by the International Institute for Trauma and Addiction Professionals. To refer clients, please visit their website for a list of clinicians in your area (www.iitap.com).

Christina Schmolke is a registered psychologist in Edmonton, Alberta. She is a certified sex addiction therapist candidate with the International Institute for Addiction and Trauma Professionals. For more information on her services, visit www.psychologistchristina.com



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Good thinking

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Certification: Distinguishing Between the Pre-Practicum, Practicum, and Internship

By Monika Gal, Interim Registrar

The terms 'pre-practicum', 'practicum,' and 'internship' are often used interchangeably when discussing counsellor education programs and refer to the applied components of the program, wherein students develop their counselling skills and competencies in various settings. Among counsellor education programs in Canada there seems to exist a large amount of variability in the types of courses that are offered as well as the skills and settings in which they are taught. Individuals applying for certification, and especially current students in counselling programs who intend to seek certification upon graduation need to be aware of these differences, particularly in light of forthcoming changes to CCPA coursework requirements regarding pre-practicum, practicum, and internship courses.

Pre-practicum is an introductory helping skills training course which has an experiential activity included, during class or as an outside lab. Students learn communication and interpersonal skills under faculty supervision. The focus is on the acquisition of interviewing or counselling skills. CCPA's current certification requirements recognize such a course as a 'counselling and communications skills' course; it is one of thirteen optional areas from which applicants must demonstrate completion of at least six graduate-level courses. However, as of September 2012, applicants will be required to demonstrate completion of such a course in order to obtain certification.

The 'practicum' and 'internship' courses are often different names for a similar course; they generally refer to a supervised field placement wherein the student must complete a minimum number of client counselling hours, on-site hours, and supervision hours. Practicum and internship are experiences designed to provide an opportunity to practice and expand counselling skills in a fieldwork site. As a part of the placement, the student generally obtains weekly on-site supervision from a qualified supervisor whose credentials have been verified by the university program. The 'practicum' or 'internship' course also tends to include weekly on-campus group supervision from a university professor who oversees students'

placements. CCPA's current certification policies refer to this course as a 'Supervised Counselling Practicum.' It is a requirement for certification, and applicants must demonstrate that as a part of this course they obtained a minimum number of 120 hours of direct client counselling (which will increase to 150 hours in 2013) from a qualified on-site supervisor (who must meet CCPA's supervisor requirements for placements completed as of January 2011).

For more information on CCPA's certification requirements, please consult our website at www.ccpa-accp.ca/en/memberbenefits/certification/. If you have any questions about distinguishing between a 'pre-practicum,' 'practicum,' and 'internship' as applicable to CCPA's certification requirements, or about certification in general, please feel free to contact me at registrar@ccpa-accp.ca.

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2012 CCPA AWARDS

The CCPA Awards for 2012 will be presented at the annual conference in Calgary in May 2012. Nominations for awards must be received by CCPA no later than December 15th, 2011.

The awards to be presented are:

- The CCPA Masters Thesis Award
- The CCPA Research Article Award
- The CCPA Professional Article Award
- The CCPA Counselling Book Award
- The Lorne Flavelle Award for Outstanding Volunteer Service
- The Chris Campbell Memorial Study Grant
- The Dr. Lynda Younghusband Counselling Award
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 - CCPA/Marsh Student Bursary Award
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FALL 2011 WEBINAR PROMOTION!

During this year's fall season, CCPA is having a special webinar promotion. This promotion is effective from October 24th until December 22nd, 2011.

Save \$ 10 off your webinar registration price and webinar recording price!
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*plus applicable taxes

Dream Work as Part of the Counselling Process

By Shirley Soleil, B.A., M.Div., M.Ed.

Individuals may remember one dream every few days or four from one night's sleep. They can be in black and white or in colour. Some people can hear sounds, i.e. music and/or voices. Even smells or tastes can be experienced during dreams.

There may be a reluctance to remember a dream. The so-called nightmare can leave the person feeling depressed, anxious, or fearful. However, an apparent bad dream has a positive message. Avoiding, repressing, or ignoring the message does not give the person control or freedom from the images found in the dream. The unconscious persists until the message is received by the dreamer.

Carl Jung and dream interpretation:

Although Freud and Jung wrote about dream interpretation, this paper focuses only on Jung's ideas since the practical aspects of dream work tend to be his. Before going further there are several key concepts needing clarification. They are used in assisting clients in understanding their dreams.

According to Jung, "[w]hat we call a symbol is a term, a name, or an image which in itself may be familiar to us, but its connotations, use, and application are specific or peculiar and hint at a hidden, vague, or unknown meaning." [Jung, *The Undiscovered Self*] This is why it is critical to have another person present to assist in sorting out what meanings the dream's symbols have for the dreamer. This is often a counsellor or therapist. The important point to remember is every aspect of the dream is a part of the dreamer.

The concepts of anima and animus are critical to dream interpretation. The anima is the female side of the male dreamer. If he had positive relationships with females throughout life but particularly during childhood his anima will generally be positive in his dreams. When there are negatives associated with the earlier female relationships a person projects these onto the anima. The same holds true for the animus, the male side of the female dreamer. Jung called this the shadow aspect of oneself.

"The interpretation of a dream is derived not only from the actual dream itself. To produce an interpretation, the [counsellor/therapist] makes use of other sources of information: for example, an understanding of the childhood and/or current situation of the dreamer ... [Asper, *The Inner Child in Dreams*]." Consequently, the counsellor/therapist can facilitate in a client's growth by encouraging dream work as part of the counselling process. The counsellor/therapist needs to keep his own views of what the dream means to himself and wait for the client to experience the 'aha moment', that point when insight happens.

Dreams are not always offering difficult challenges but can bring good, happy, joyful and peaceful feelings. A person needs to rejoice in them. They offer a time of healing and growth before the unconscious presents another part of the 'self' to confront and process.

Practical points:

Encourage your client to use a blank ruled book and pen to record dreams. When the person wakes up he can lay hand to them and write down the dream. Recording the images immediately is necessary to remembering the details of the dream. The person may recall more and more details of the dream as the day goes by.

The writer uses the present tense when telling the dream to step back into it. Often the client or counsellor starts immediately to interpret a dream as if it was in the past therefore losing meaning that needs attention in the present. Another temptation is insisting on using logic when interpreting a dream. Logic is really not a part of a dream.

When listening to the dream, stop and ask such questions as, "how do you feel about this part of the dream?" or "what does this part of the dream make you think of?" Always keep in mind all aspects of the dream are part of the dreamer. Therefore, the client needs to write down everything he recalls; conversations, ages of people in the dream, style and color of clothes, the five 'Ws', etc. These details are needed to fully understand the dream's meaning.

There are many dream dictionaries. Some are bad, others are good. The bad ones offer a definite statement such as 'if you see a black dog coming towards you, you will receive bad news.' Good ones give several possible interpretations. However, there can be as many interpretations of a symbol as there are dreamers. The only true sign of an image's meaning is when the dreamer experiences an 'aha' response.

Because of the intense focused work of dream interpretation look at only one dream per session. Sessions rather than 50 minute hours are appropriate due to the in depth, time consuming, energy-draining work. Therefore, this counselling technique is not for

all counsellors. Generally, an hour to one and one half hours is needed to cover the dream material effectively. One positive to doing dream work is the freedom to work on them via email, by letter or even as part of a dream work group.

A dream gives images of what the dreamer needs to think about, to process. Waking life presents snap-

shots of things, people, events, feelings, etc. Dream life presents the person with the larger picture and he is often surprised by the very different picture of himself the unconscious offers. Often, dreams offer a place of strength from which fears, angers, and conflicts can be confronted.

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The Canadian Career Development Foundation (CCDF) and the Canadian Counselling and Psychotherapy Association (CCPA) are pleased to sponsor and endowment program established to stimulate and support innovation in the field of career development.

This fund is intended to promote imaginative and leading edge initiatives that extend our understanding of critical issues, push the envelope and strengthen our practice, offer new and creative approaches to service delivery and career self-management, and contribute to improved quality of life in Canadian communities.

Each year, CCDF will award up to \$7,500 to a project, or projects that demonstrate potential for the advancement of career development.

Deadline for submissions on October 31, 2011.

For full details, please download the PDF version of the application form at <http://www.ccdf.ca/ccdf/index.php/awards-and-funding/building-for-the-future-endowment-fund>

There is no provision for completing and submitting your proposal online.

THE STU CONGER AWARD FOR LEADERSHIP IN CAREER COUNSELLING AND CAREER DEVELOPMENT

CCDF awards The Stu Conger Award for Leadership to individuals nominated by peers as leaders in the field. In addition to the award, a scholarship is granted to a student, chosen by the recipient, who demonstrates leadership potential. Recipients of the award to date include:

Dr. Dave Redekopp (1997), Judy Lynn Archer (1998), Phillip Jarvis (1999), John McCormick (2000), Dr. Vance Peavy (2001), Dr. Roberta Neault (2002), Dr Jacques Limoges (2003), Dr. Danielle Riverin-Simard (2004), Dr. Armelle Spain (2005), Dr. Kris Magnusson (2006), Kristine McGhee (2007), Michel Turcotte (2008), Margie Layden-Oreto (2009), Sharon Graham (2010), Dr. Charles Bujold (2010).

The nomination deadline for the Stu Conger award is **November 30, 2011**. For more information about the award, go to www.ccdf.ca.

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The following CCPA members have been recently certified.

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CANADIAN COUNSELLING AND
PSYCHOTHERAPY ASSOCIATION
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